



STORY LESSON PLAN



Educational Objectives

Title

The Three-Year Hill

Age

Children (Ages 3-5)

Topic

- **Goal** : Think about how to overcome difficult situations with a positive attitude and cleverness.
- **Topic** : Positivity, Cleverness

keywords

Positivity, Cleverness, Hill, Steamed Rice Cake, Market Day, Stone, Old Man, Korea's Hill

Korean Culture

- **Goal** : Learn and take an interest about Korea's market days and market culture.
- **Elements** : Market days (3-day market, 5-day market, 7-day market), Permanent markets

Korean

- **Goal** : Learn words that describe sounds and actions when feeling ill.
- **Words** : 시름시름 (Feeling worried), 육신육신 (Feeling aches), 끔끔 (Feeling troubled)
- **Expressions** :
할아버지가 시름시름 앓아누웠어요.
(An old man lay in bed feeling worried.)
온몸이 육신육신 아팠어요. (One's whole body felt aches.)
마음을 끔끔 앓아요. (One's heart is feeling very troubled.)



Storytelling Activity Content



Greetings

Put your hands on your belly button! Greetings!
Hello, everyone. I am OOO, "The Beautiful Story Grandma",
and I'm here to tell you an interesting story.



Understanding today's topic

The story that I will tell you today is, hey title, come out, ttuk-ttak! "The Three-Year Hill."

Once upon a time, there was a place called "The Three-Year Hill" in a village. It was named this because if you fell there, you could only live for three years. But then, an old man tripped and fell at the Three-Year Hill. My goodness!

Is it true that the old man can live only for three years? Let's listen to the story and find a way to help the old man.



Start the story with a song

Let's dive into the story of "The Three-Year Hill"!

♪ One, two, three, four! Let's begin the story! Let's all have a listen with excitement. Are your ears perked up? Are your eyes sparkling?
One, two, three, four! We're off. Boom, boom!

Storytelling Activity Content



Story

Once upon a time, in a rural village, there was an old couple who lived alone. The old couple cared for each other very much.

It was a fine day when the old woman talked to the old man,

"Dear, I am craving some freshly cooked steamed rice cake today."

"You are craving steamed rice cake? Since today is market day, I'll go and buy some."

"Be careful on your way back. Especially, be cautious when crossing the Three-Year Hill."

In this village, there was a place called the Three-Year Hill, where if you fell, you could only live for three years. The old woman always worried whenever the old man went to the market because he had to cross the Three-Year Hill.

The old man bought various things at the market. Of course, he bought the steamed rice cake that the old woman wanted first.

"Oh dear, the rice cake will get cold if I don't hurry home."

Storytelling Activity Content



Story

Wanting to give the old woman warm rice cake, the old man walked quickly, more hurriedly than usual. But he was too rushed. He stumbled on a stone on the Three-Year Hill and fell.

"Oh no, what have I done!"

The old man sat for a while, feeling disheartened. He returned home at dusk. When he got home, the old man couldn't eat anything.

"Dear, what's wrong? Is the food not to your taste?"

When the old woman asked worriedly, the old man replied, tears welling up,

"The truth is, I fell at the Three-Year Hill on my way back. Now I can only live for three years. What should I do? Boohoo."

"Is that really true?"

Hearing this, the old woman fell ill. The old man, unable to regain his strength, also lay down sick like the old woman.

The news of the old man falling at the Three-Year Hill spread quickly through the village.

Storytelling Activity Content



Story

"What a pity for the old man!"

"What about the old woman who will be left alone?"

The villagers mourned as if it were their own trouble.

Then one day, a child from next door came to visit.

"Sir, are you inside?"

When the old man barely opened the door to look outside, the child was standing there with porridge.

"Sir, how are you feeling? My mother told me to bring you this porridge."

"Thank you so much."

The old man replied weakly.

"Sir, don't worry too much. Even if you fall at the Three-Year Hill, you can live a long time."

"What? Live a long time? What do you mean?"

Storytelling Activity Content



Story

The old man asked, surprised.

"First, go to the Three-Year Hill and fall down again."

"What? Are you teasing me? Fall again!"

The old man shouted, angry to the top of his head.

"Sir, don't get mad; just listen to me till the end. They say if you fall once at the Three-Year Hill, you can live for three years."

"That's right."

"Then if you fall twice, you can live for six years; if you fall three times, you can live for nine years."

Thinking about the child's words, the old man thought that it made sense.

"Oh, I see! Why didn't I think about that?"

The old man happily ran to the Three-Year Hill.

"Okay, if I fall once more, I'll live for six years! If I fall again, then nine years!"

The old man fell two more times.

Storytelling Activity Content



Story

"Oh, how wonderful! I need to fall one more time. That'll make it twelve years!"

Feeling cheerful, the old man fell several times at the Three-Year Hill.

"Oh dear, I've already fallen over twenty times, so I'll live for many more decades. Ha ha ha."

The old man laughed heartily as he fell several more times at the Three-Year Hill. Seeing this, the villagers also intentionally fell every time they crossed the Three-Year Hill. After that, the Three-Year Hill is known as a place where if a person falls there, one could live three more years than his or her natural lifespan.

Storytelling Activity Content



Introducing Korean culture and language

Did you enjoy the story that Grandma shared? What happened to the old couple after he fell at the Three-Year Hill?

Yes, both of them fell ill. The old man, having fallen, must have felt "aches" (uksin-uksin) all over his body. The old woman, thinking that her husband could only live for three more years, felt very "troubled" (kkeung-kkeung). In the end, the old couple lay down sick, feeling "worried" (sireum-sireum). When one is sick or troubled in their heart, we use expressions like "uksin-uksin", "kkeung-kkeung", and "sireum-sireum".

The old woman expressed her wish to eat steamed rice cake. So where did the old man go to buy it?

Yes, that's right. He went to the market. In the past, there were no supermarkets or convenience stores, so, people gathered at the market to buy and sell goods. The days when the market opened were called market days. Markets would open every three days, five days, or seven days. There were also permanent markets that people could visit any time in busy areas. The old man went to the market to buy various needed items, including the steamed rice cake that the old woman requested. Have you ever been to a market to buy something? If you're curious about the market culture and market days in Korea, check out the "Dorandoran Story Grandma's Bag of Stories" website for more details!

Storytelling Activity Content



Wrap up

Let's summarize the story of "The Three-Year Hill" with Grandma.

The old man, having fallen at the Three-Year Hill, thought he could only live for three years, so the old couple fell ill. However, the child from next door visited and told him that if he fell twice at the Three-Year Hill, he could live for six years, and if he fell three times, he could live for nine years. So, the old man went to the Three-Year Hill and fell several more times. Thanks to the clever child next door and the positive old man, the Three-Year Hill came to mean a place where you could live a long time if you fell.



End the story with a song

Now, let's sing the farewell song as we say goodbye to Grandma. Here we go, begin!

♪ One, two, three, four! ! We've listened well. Our hearts have warmed.
Ears are perked, eyes are sparkling, great job. One, two, three, four!
Goodbye. Boom-boom!



Say Goodbye

Put your hands on your belly button! Say goodbye!
Everyone, see you next time with "The Beautiful Story Grandma." Goodbye!